

HEARTCYCLE BICYCLE TOURING CLUB

OREGON WINE & SURF LOOP

- Dates:** Orientation meeting and group dinner Saturday, July 25, 2020. Riding Sunday July 26 – Saturday, August 1. Departure Sunday, August 2 (last night lodging is included).
- Leaders:** Cindy Alvarez, Bob McIntyre; **SAGs:** Melissa Collins, Kathleen Schindler
- Rating:** Intermediate/Advanced. About 360 miles with up to 15,500 vertical feet of climbing.
- Riders:** 28 Maximum (plus leaders and SAGs)
- Price:** \$1,680 (Double occupancy). \$400 at registration. Balance due by 4/25/20. Single Supplement +50% (Total \$2,520) with limited openings.
- Cancellation:** [Standard cancellation policy applies](#). Travel insurance is recommended.

OVERVIEW

This is a new tour for Heartcycle combining some of the most enjoyable riding in Oregon along with visits to local wineries, extensive sight seeing and time to explore some of the smaller towns. Aprox. 30+ miles of the tour will be on some great bicycle paths.

The tour should leave you with a good feeling for the diversity of Central and Western Oregon since we will spending time in three distinct areas: The wine region of the Willamette Valley, the Oregon Coast Range and the rugged Oregon coast line.

The tour is rated Intermediate/Advanced. Four of the days are moderate; however day 3 and the last day are 76 and 81 miles, respectively. Since the last day (Saturday) is long, lodging for Saturday night is included in the price of the tour. GPS files will be provided in advance of the tour. Cue sheets and other route information will be provided at the orientation meeting.

ITINERARY

Day 0 – Saturday, July 25.

Orientation meeting and Group Dinner. We will be spending tonight as well as Sunday night at the Valley River Inn-Eugene, which is situated on the Willamette River

Day 1 – Sunday, July 26. Pedaling for Pinot. 50 miles/2500' vertical

No need to pack your bags as today's ride is a loop that will return us to our hotel in Eugene. Even better, Day 1 is a moderate ride, which will give us time to visit a few wineries and even a brewery. Sample the wines of the Willamette Valley, famous for its Pinot Noir and Pinot Gris. Lunch will be at the one of the wineries.

Most of our climbing will be large hills (not mountains) that lead to hill top wineries and good vistas of the surrounding area. We'll return to our hotel, along one of Eugene's bike friendly paths.

Click on the link below for more information on the Eugene Wine Trail
<https://www.oregonwinecountry.org/pedaling-for-pinot>

Day 2 – Monday, July 27. Eugene to Corvallis. 59 miles /1780' vertical.

Today we travel NW rolling through the fertile Willamette Valley. The Willamette Valley produces many varieties of berries & vegetables, also most of the grass seed, Christmas trees and hazelnuts sold in North America. Growing also hops and producing some of the best & most expensive Pinot Noir in the world. The route finishes with a 6 mile bike path into Corvallis where our hotel is also on the Willamette River. The city of Corvallis is ranked third-highest among 'small' U.S. cities for bicycle commuters. Corvallis is also the home to the Oregon State University Beavers. Normally a bustling college town, it should be quiet during our summer break visit.

Day 3 – Tuesday, July 28. Corvallis to Lincoln City. 76 miles /3720' vertical.

Day 3 is one of the more challenging days of the tour. We continue traveling NW crossing the Oregon Coast Range. We follow several rivers and creeks meandering over some gorgeous less traveled back roads. This route does not include any major climbs, but lots of rolling hills and vistas. The route includes a short stretch of dirt road, 1.8 miles which you may choose to shuttle. We end the day at the Pacific Ocean in Lincoln City, named in honor of Abraham Lincoln.



Day 4 – Wednesday, July 29. Lincoln City to Newport. 35 miles /2015' vertical.

Following our long day yesterday, today we can sleep in and have a late start. Day 4 is a sightseers delight. Everyone will be encouraged to take their time and enjoy the vistas as we travel along the ocean. Have your camera close by, as there are many photo opportunities including:

Boiler Bay Scenic Viewpoint

https://en.wikipedia.org/wiki/Boiler_Bay_State_Scenic_Viewpoint

<https://oregonstateparks.org/index.cfm?do=thingstodo.calendar>

Depoe Bay

Depoe Bay is the world's smallest navigable harbor and proclaimed Whale Watching Capital of the Oregon Coast. On a good day at the Whale Watching Center or along the seawall you can catch a glimpse of the whales, nearly at your feet. No binoculars required.

<https://visittheoregoncoast.com/cities/depoe-bay/>

Otter Crest Loop

Along this a narrow winding road, we will be hugging the ocean for 4 miles with little or no traffic.

<https://www.coastexplorermagazine.com/features/best-side-trips-off-oregon-coast-highway-101-page-4>

Devil's Punchbowl

https://oregonstateparks.org/index.cfm?do=parkPage.dsp_parkPage&parkId=156

Yaquina Head Lighthouse (pronounced "Yuh-quinn-uh") Oregon's tallest lighthouse.

https://en.wikipedia.org/wiki/Yaquina_Head_Light

The riding day finishes with a crab feast for lunch prior to checking into our hotel. We spend the night in the charming tourist town of Newport with its many quaint shops, hundreds of playful, barking seals and the popular Rogue Brewery.



Day 5 – Thursday, July 30. Newport to Florence. 53 miles /2580' vertical.

The sightseeing doesn't stop on our way to Florence. On Day 5 we continue down the coast where the wind is typically at our backs. Keep that camera out, some of today's highlights include:

Cape Perpetua home to Devils Churn, Thor's Well and Spouting Horn.

https://en.wikipedia.org/wiki/Cape_Perpetua

Our hotel for tonight is on the Suislaw River, just steps from all of the restaurants and shops of charming Florence. Florence lies at the edge of the Oregon Dunes National Recreation Area, one of the largest expanses of coastal sand dunes in the world.



Sandrail Tours

Day 6 – Friday, July 31. Layover day in Florence.

A number of non-cycling options are available today.

One favorite is a kayak journey on the Siltcoos River. This is a lazy river with little or no current that travels from Siltcoos Lake to the Pacific. Paddle through temperate rain forest, sand dunes and over a small dam portage. Take along a picnic lunch to enjoy on the beach. Out and back approx. 4 hrs.

Another option is either a Sandrail or Dune Buggy Tour on the Oregon Dunes National Recreation Area. Options range from 1 hr up.

(Kayak and Sand Dune Tours are NOT included in the price of the Heartcycle Tour. The typical additional cost for the Kayak Tour is single \$40, dbl \$60; and for the Sand Dune Tour different options range from \$16-\$65).

Option 3 is to spend the day shopping or relaxing in Old Town Florence.
<https://florencechamber.com/visit-florence/historic-old-town/>

While Day 6 is planned as a day off the bike, unsupported ride options will be offered.

Day 7 – Saturday, August 1. Florence to Eugene. 81 miles /2920' vertical.

Today we leave the coast and head back to Eugene. The route follows the Suislaw River into the Oregon Coast Range. The highest summit on this route is named Low Pass at 1,022 feet. The route finishes with about 7 miles of bike paths into Eugene where we return to our hotel on the Willamette River. Relax after a long day in the saddle and think back on our awesome journey together.

Sunday August 2. Wave goodbye to your new friends and depart.

Travel to and from Eugene

Flying. There are flights into either Eugene or Portland. Eugene is serviced by several of the major airlines. Shuttles are available from the Eugene airport to our hotel. Portland airport is a major hub for most airlines, however the drive to Eugene is about 150 miles, and this drive can be challenged by heavy traffic through Portland.

Driving. If driving, your car can be parked for free at the hotel for the week.

SPECIAL NOTES: If you are considering using an electric bike please contact either of the tour leaders to discuss prior to registration. Electric Bikes may be challenged by the 2 long days with climbing, it is ultimately up to the participant to judge best whether their battery will last through each day of the tour. Please take this into consideration and also the fact that we may be shuttling bikes on day 3. Bringing a second battery is **highly** recommended. They can be carried by staff, but may need to be carried by the participant. Due to the remote roads there may be longer miles between sag stops.

For More Information Contact :

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