HEARTCYCLE BICYCLE TOURING CLUB CARBONDALE EXTENDED WEEKEND

Dates:	Orientation meeting: June 20, 2018-8 pm. Riding: June 21-24 Depart June 24.
Leaders:	Ron Finch, Robin Heil SAGs Robin Heil, Bev Louie
Rating:	Intermediate
Riders:	30 (maximum) plus Leaders and SAGs
Price:	\$690 (Hotel double occupancy); \$400 (Private lodging option – see notes at
	end), \$300 at registration; Remainder due March 21, 2018
	Hotel Single Supplement (solo or with non-riding partner): + 50%
Cancellation	: Standard cancellation policy applies. Travel insurance is recommended

OVERVIEW

Join us for this fixed-base, extended weekend tour in Carbondale, Colorado. Located 170 miles west of Denver and 30 miles from Aspen in the heart of Colorado's central Rocky Mountains. The picturesque town of Carbondale was first occupied by the Ute Indians, then by silver prospectors, cattle ranchers, and potato farmers. With a strong arts and music community, the town embraces its mining, ranching, mountain biking, road cycling, gold medal fly fishing and skiing. There are great restaurants and shops close to the hotel. Mt. Sopris looms large over some of the riding and the town of Carbondale. Elevation is 6,200 feet. It is a great town to spend a few days getting to know. Non-riding partners and those who may want to be more casual riders and simply enjoy HeartCycle camaraderie are encouraged to join us.

ITINERARY

4 days of riding, each in a different direction out of town. The rides will give some options after lunch to those who want more distance. Sunday's ride will be short enough to those on the Front Range to get home in a timely manner. All rides will be out and back from the Comfort Inn in Carbondale.

Wednesday June 20. Arrive at Comfort Inn for orientation meeting 8pm

Thursday June 21. Carbondale - Marble; 58 miles, 2,647' (+optional Carbondale -Marble + McClure pass summit 64 miles, 3,518') Ride up the Crystal River Valley toward Mt Sopris along a bike path and then on the road to the towns of Redstone and Marble. The Crystal River will be at your side with Mt. Sopris is looming in front of you. The town of Marble is named for the Yule Marble Quarry. Marble from this quarry was used in the Tomb of the Unknown soldier and the Lincoln memorial. Redstone is another quiet mountain town along the Crystal River. Quaint shops and the Redstone castle is right up the road. We will lunch in Marble's town park. This evening we will have our group dinner at White House Pizza.

<u>Friday June 21.</u> Carbondale to the end of the Glenwood Canyon. Carbondale - Bair Ranch: 53 miles, 1,900' (+optional Carbondale - Bair Ranch + dry park extension - 60 miles, 3,063' (6 miles smooth gravel) Ride along the mighty Colorado River. Take the Rio Grande trail from Carbondale to the town of Glenwood Springs. Continue on the trail that runs the entire length of the Glenwood Canyon right along the Colorado river. No cars to worry about just the beautiful Colorado River roaring by and a spectacular canyon to gaze at. Have lunch at the end of the trail and ride back. Check out the world largest Hot Springs in Glenwood.

<u>Saturday June 22.</u> Carbondale – Aspen/John Denver garden: 60 miles, 2,468' (+optional Carbondale - John Denver Garden/Aspen + Owl creek/Snowmass -67 miles, 2,912')

The Rio Grande has 42 miles of continuous multi-use trail and is completely protected from vehicular traffic except at intersections. The Rio Grande Trail is a rails to trails project which is built in the Aspen Branch of the historic Denver and Rio Grande Railroad. It goes along the Roaring Fork River. It is a gentle but steady uphill to the park where we will have lunch. We will have the opportunity to visit the famous John Denver garden in Aspen and then ride downhill all the way back to Carbondale.

<u>Sunday June 23.</u> Carbondale - Missouri Heights 37 miles 1,892' Missouri Heights is the plateau that sits above the Roaring Fork Valley and Carbondale. Once you have finished the climb you can see the valley below and the mountain ranges surrounding it. It is a beautiful area full of horse ranches, giant pastures and lovely homes.

Pricing Note:

The Tour allows two options: (1) With hotel, and (2) without hotel – for those who can stay in your own residence or at a friend's private residence, but with all other tour benefits included SAG support, Maps/Cue Sheets, GPX files, group meetings, group dinner. If you are not staying at a private residence, we request that you stay at the group hotel to help with our group rate and for interactions with other riders. Those staying at private residences are expected to attend all orientation and daily briefing meetings at the group hotel.

For further information contact: Ron Finch at blouie-rfinch@comcast.net 303 656 5573 Robin Heil at rjshell@bresnan.net 970-270 2164