

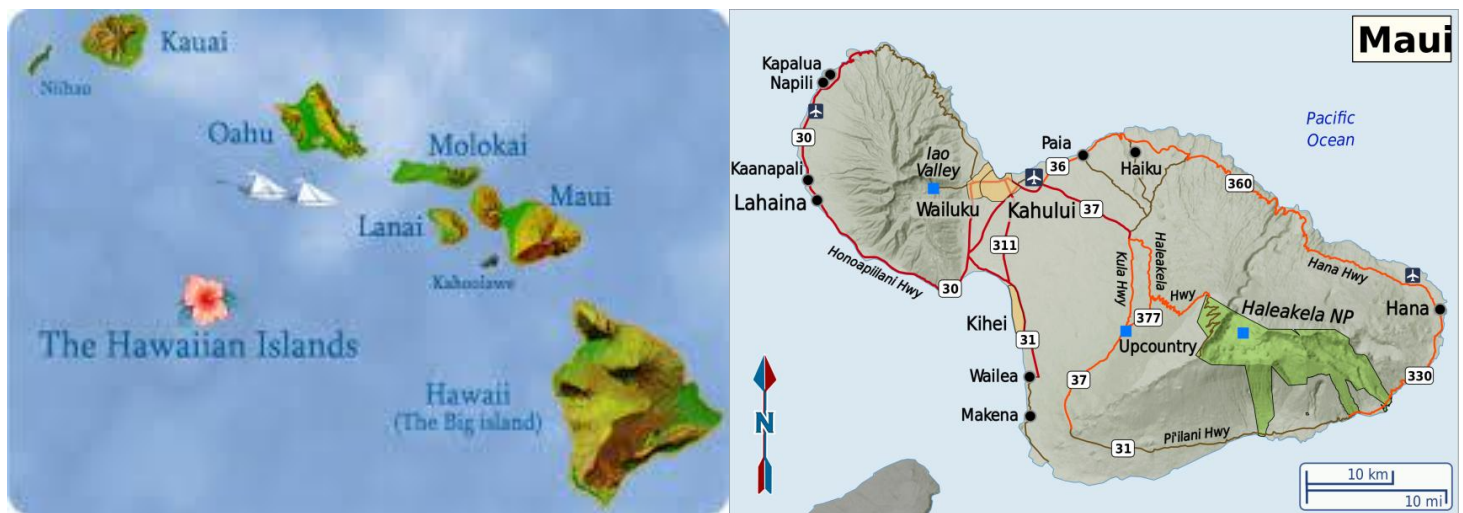
**HEARTCYCLE BICYCLE TOURING CLUB**  
**BICYCLING IN PARADISE: MAUI**  
**<Registration Begins April 12, 2018>**

- Dates:** Orientation meeting: Saturday January 26, 2019. Riding: Sunday January 27 –Friday February 1. Departure: Saturday February 2.
- Leaders:** John Aslanian, Bob Rowe **SAG:** Debbie Murphy
- Distance:** Most rides 30 to 50 miles with 2,500 to 10,000 ft of climbing (with options)
- Rating:** Intermediate/Advanced.
- Riders:** 28 (maximum) plus Leaders and SAG
- Price:** Total: \$2,280. \$700 deposit at registration. Balance due by September 15, 2018. Single Supplement +55% (at Leaders discretion subject to room availability – see description). Double occupancy will be given priority during the first 14 days of registration to allow more participants if demand exists).
- Cancellation:** Due to hotel contract, \$100 after registration to May 25, 2018; May 25 to September 14 – 50% of deposit; after September 14 – no refund unless replacement is found (then 50% of deposit). **Travel insurance is recommended.**

**DESCRIPTION**



Make an escape from winter and join us for 7 days of bicycling and fun in Paradise. John Aslanian rides here most winters and will show us the “best routes”! We will stay the week at a luxury educational retreat and spa center just outside of the seaside village of Paia on Maui’s North Shore. All breakfasts, 1 dinner and 2 lunches are included. The weather will be wonderful – daytime highs in the 70’s to low 80’s. Bring sunscreen!



Most rides will be between 30 and 50 miles, with 2,500 up to 10,000 ft of climbing (that's if you ride to the top of Haleakala – see below). Rides include the Road to Hana from Twin Falls, West Maui North side, back side of Haleakala, a ride to Grandma Coffee House and Oprah's house, and country road loops that only locals know. All of the rides feature lush vegetation and views. Our bike rides will have "light" (but ample) SAG support: 1 SAG driver for light snacks (lunch only on 2 days), pineapple, the best banana bread, snacks, water, day bags and support for breakdowns. We will have two vans to help shuttle riders to rides and non-riding events.

Other activities include a kayaking trip with whale watching and snorkeling, hiking, plus wellness and Yoga classes at our resort. On your own (not included) you could explore stand-up paddle boarding, wind or kite surfing, horseback riding, surfing, mountain biking, massage, and more.



*Sea kayaking*

What about Haleakala? Perhaps you want to climb it by bike to check it off your list of hardest climbs. John Sumerson's book "Climb by Bike" rates Haleakala as the 3<sup>rd</sup> hardest climb in the US, and the 2<sup>nd</sup> most in vertical feet (at 10,000, only less than Mauna Loa, HI). Perhaps you will want to drive up and take the spectacular hikes out of the visitor center at the top. Either way, you'll pass through 7 climate and vegetation zones, from humid subtropical lowlands to subalpine desert, and experience magnificent views. PLEASE NOTE: Our group ride will end at the Park Headquarters Visitor Center at 7,000 feet. However, you may complete the remaining 3,000 feet up and back (very doable) on your own.



***On Top of Haleakala looking down at clouds and ocean***

## **PLANNING DETAILS**

- The first day of tour lodging is Saturday January 26. The last night included is Friday February 1.
- Plan to fly into and out of Kahului Airport on Maui (directly, or by connection from another island).
- We plan to shuttle riders between the airport and hotel during reasonable hours. Taxi and bus (\$3/day) is also available to get around the island.
- Due to limited rooms available, Double Occupancy registration will be given priority during the first 10 days (to support the most participation), with Single Supplements evaluated thereafter as space permits.
- If you wish to take side trips on your own (such as hiking on Haleakala, surfing, etc.) you may wish to rent a car (or use taxi/bus services).
- Quality bike rentals (such as Specialized Tarmac/Roubaix) are available, at your own cost. With at least 7 people, we'll get a group discount and get bike delivery. We'll help make arrangements. We expect weekly rental rates in the \$260 range.
- If you are bringing or shipping your bike, the hotel will receive the bike and store the bike box.



*Black Sand Beach*

For further information contact:  
John Aslanian at [22flatrock@gmail.com](mailto:22flatrock@gmail.com)  
Bob Rowe at [browe49@comcast.net](mailto:browe49@comcast.net)