

HeartCycle Bicycle Touring Club

THE ISLAND OF MALLORCA

Dates: Orientation Sunday, April 30, 2023 at 5:00 PM. Biking May 1st – May 11. Departure Friday, May 12, 2023.

Leaders: Scott MacCormack and Doug Moll

Miles: 435 miles with elevation gain~30,000 feet

Rating: Intermediate/Advanced

Riders: 30 max (plus 2 leaders)

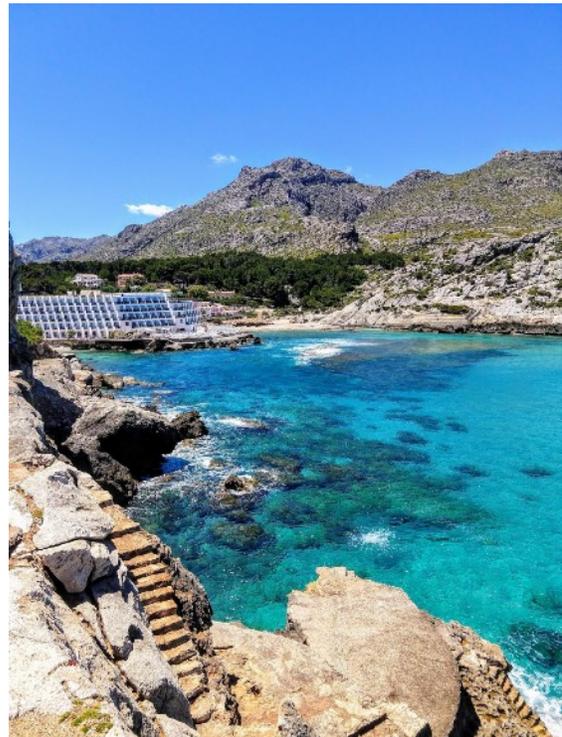
Price: \$2,600.00 (Double Occupancy) \$800.00 at registration. Balance due January 29, 2023. Single supplement \$3,050.

Cancellation: The cancellation fee is \$75 before November 30, 2022.

Due to vendor contracts \$400 after November 30, 2022 (unless we have a replacement, then \$75). No refunds after 1/29/2023. *Travel insurance is recommended.*

OVERVIEW

The Mediterranean island of Mallorca is known as the Mecca of European Spring cycling for good reasons. Spring brings warm, sunny weather (You can expect an average low of 55 and a high of 75 degrees Fahrenheit in May) and the island provides a wide variety of routes on excellent roads with extremely low automobile traffic. An extensive system of signed bike routes has been established which uses small single lane farm roads (*camis*) and low traffic two lane roads. Our cycling routes will vary from flat terrain to rolling hills to long climbs as we ride along the coast, through the plains and foothills and into the mountains. The beautiful landscape



includes secluded pine forests, olive, almond and citrus groves, spectacular sea cliffs with views out to the Mediterranean Sea and Spanish architecture. On days when you may choose not to ride, there are many options for other tourist or sport activities including enjoying the beach, winery tours, spa visits, golf, and visits to historic Palma, Soller, Alcudia, and Pollenca.

Hotels and Meals:

This will be a 'semi fixed-base' tour. We will spend the first week at the 4 star Hotel Taurus Park in the beach community of S'Arenal just south of Palma, riding the quiet, rural southwestern part of the island. Then we board a private, comfortable, air conditioned bus for a 1 hour trip to the northwestern part of the island to the 5 star Hotel Zafiro Palace for the second week of riding.

Breakfast and dinner are included at both hotels. Meals are served buffet style with a wide variety of main courses, salads, fruits, and desserts that change each day. Dinner beverages including bottled water, wine and beer are at your own expense. Also there are washers and dryers available at the hotels.

Mallorca has a Tourism Tax of about 30 euros per person per week. This will appear on your final bill from both hotels when you check out and is your responsibility.

Rental Bikes and Bike Routes:

When we arrive at our first hotel, the Hotel Taurus Park, we will be fitted with our rental bikes. All the rental bikes are high quality, low mileage, well maintained models with good components. The base bike at both hotels is a carbon bike with disk brakes (men's and women's). Upgrades (eBikes, Di2 shifting, etc.) are also available with a surcharge. Plan on bringing your own pedals, helmet (if you don't bring a helmet they will provide one), and if you like your bike saddle. Also you can bring a rear blinking light, which we highly recommend, an under the seat saddle bag, and perhaps a handlebar bag. If you desire to bring your own bike, you certainly may, but there will not be a reduction in the tour price. We will send you an email with details on bike size information that we need from you, once you register for the tour.

On Friday afternoon we turn in our bikes at the Hotel Taurus Park and on Saturday we will board our bus to Hotel Zafiro Palace. Once there will once again be fitted with rental bikes at this hotel, same as the last. While the bike models may be different, the bike options and quality are the same at this hotel as the last.

Like domestic tours, you will be able to load each day's route from the RWGPS Event site onto your smartphone. We will not be printing cue sheets or maps. If you want printed versions, you can do this on your own from the Heartcycle RWGPS event site before the tour. You will be able to convert the RWGPS routes to .tcx file format for your Garmin as well. You will need to insert a European Map into the Garmin card. (Please check with Garmin for more information about this.)

These will not be 'guided rides following a ride leader' like are often offered in Europe. Everyone can ride at their own pace and take breaks where and when they like. There can be lots of twists and turns, especially when passing through small, historic towns, So a smartphone with the Ride With GPS app or a Garmin (with the European map insert) will be necessary if you don't use your own printed cue sheets and maps.

There will not be a SAG vehicle - instead we will be enjoying the many cafes along the way for group rally points. If you have a mechanical or physical failure, you can call the bike rental folks at the hotels and you will be rescued.

Details:

Plan to arrive at Palma de Mallorca Airport (PMI) the morning of Sunday, April 30 and take a taxi (about 20 Euros) or public bus (3 Euros) to the Hotel Taurus Park in the beach community of S'Arenal. Plan to depart PMI on Friday, May 12th.

Included in the tour price is your lodging, daily breakfast and dinner buffets, a high quality road or hybrid bike, a bike jersey and transportation from the 1st hotel in S'Arenal to the 2nd hotel in Port d'Alcudia, and then transportation back to the airport at the end of the tour.

Out of pocket expenses include the 30 euro Tourist Tax at each hotel, lunches, hotel beverages, tourist activities, and taxi or bus fare from the airport to the 1st hotel.



Week One Routes from Arenal: Monday through Friday

Randa-Poreres-Campos 60 miles/3900 feet A ride that includes two climbs: the Cura Sanctuary and the Monastery de Monte-Sion, and an option to visit the pearl outlets in Montuiri.

Cala Pi 54 miles/1650 feet A ride along the southwest coast to the beach towns of Cala Pi and Sa Rapita, then back along the cycle route to Lluçmajor.

Orient Valley 68 miles/4400 feet A ride north past Palma airport to the south side of the Serra de Tramuntana through Alaro, Orient, over the Coll d'Honor and down through Bunyola. An option for extra climbing is Col Soller.

Calvia- Puigpunyent -Esporles. 50 miles/3000 feet A ride along the beach bikeway to Palma, then immediately up into the Serra de Tramuntana and into the olive groves, pine forests, hills and valleys with great views of the Mediterranean Sea.

Northwest Coast 54 miles/5000 feet We will take a shuttle to Port Andratx and ride the northwest coastal road with spectacular views of the Mediterranean Sea and climb through pine forests through Estellencs and Banyalbufar to the lovely town of Valdemossa.



Week Two Routes from Port d'Alcudia: Sunday through Thursday

Orientation to Pollenca, Sa Pobla 51 miles/ 2100 feet A test ride on our new rental bikes and an orientation to the north-central towns of Pollenca and Sa Pobla along with the Ecovies route system of the north island.

Lluc Monastery 52 miles/2950 feet A visit to the most important pilgrimage site on Mallorca since the thirteenth century which is still active and has beautiful buildings and an interesting museum. After a challenging climb into the Serra Tramuntana, we'll have a long descent into Pollenca before returning to our hotel.

Cap Formentor / Cala Sant Vicenc 46 mile/3500 feet A classic ride to the remote lighthouse on Cap Formentor with a return stop at the beach village of Cala Sant Vicenc.

Sineu Velodrome 50 miles/1800 feet A ride along the longest bike route on the island through Sencelles, Costitx and Santa Margalida, with an opportunity to test yourself on the outdoor velodrome in Sineu.

Sa Colobra 67 miles/5000 feet Another classic ride as an out and back from Port d'Alcudia. Other options will be to go with a guide, on your own route, enjoy the beach, or go on a catamaran sail in the bay.



Transportation to the airport in Palma (PMI) will be provided on Friday, May 12. It is a 24/7 shuttle service that will be scheduled to depart approximately 4 hours before your flight departure time.

- Travel insurance, including coverage for medical expenses and evacuation back to the US, is **STRONGLY** encouraged.
- Remember it can take several months to renew a passport so please check right away to make sure yours is valid.
- Single Supplements accepted. A single supplement on this tour is considered 1 person in a room. However, if a non-rider companion comes, both rider and non-rider would have to pay a full double occupancy rate.

Contact leaders with questions or for any further details:

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