

HeartCycle Bicycle Touring Club

Lands End to John o'Groats, England

LEJOG - without the boring bits

Dates: TBD September 2021 or spring 2022. Contact Graham if interested.

Leaders: Graham Hollis/Active England

Rating: Advanced. Approximately 1,000 miles over 15 riding days

Riders: 15 (maximum)

Price: Total: \$5,5500. \$500 at registration. Balance due by Feb 4, 2021. Based on double occupancy, single supplement add \$1,000 (limited to 6 singles). If >11 riders register then price decreased to \$5,300.

****No club discounts can be applied to this tour.**

Cancellation: Revised cancellation policy \$75 fee. Travel insurance strongly recommended.

OVERVIEW

The LEJOG cycle ride is the grand daddy of all cycling challenges in the UK, starting at Land's End in Cornwall (the extreme southwestward point in mainland Britain) and ending at John o'Groats in northern Scotland - very close to the most northerly point of mainland Britain. You will have rolling hills, stone villages, thatched houses, moors, dales, lochs, mountains, rivers and seas. Like all iconic routes it has boring bits, we plan to take a van around those and spend time on the more scenic parts. Average daily distances are around 65 miles with no day above 4,000 ft of climbing. It's just shy of 1,000 miles with 55,000 ft of climbing accomplished in 15 days of riding with an additional 2 rest days.

The terrain, is not flat, and riders will encounter some challenging grades, although short (by Colorado standards). Roads in UK are generally of high standard, but narrow compared to the U.S. UK motorists are typically fast, but patient and courteous toward cyclists.

Although it is unlikely to be cold be well prepared for variable weather (eg rain).



Wednesday May 26, 2021

Travel by train from London to Cornwall to meet in Wadebridge.

Thursday May 27

We take a van to Land's End and start riding!

The first few days take us through Dartmoor, Mendip Hills, Cheddar Gorge, Bristol, Worcester, Shropshire and after 6 days cycling we have a well deserved day off in Liverpool.



Then it's back on the bikes and off to the Yorkshire Dales, Lake District, Carlisle and after 3 days we arrive in Edinburgh, Scotland for our 2nd rest day.





Then we're off to Perth, the Caringorms (whisky distilleries), Inverness and arrive in John o'Groats 6 days later on Saturday, June 12. We will van down to Inverness for the night.

Sunday, June 13

We depart by van to Edinburgh to catch trains or planes.

What's included:

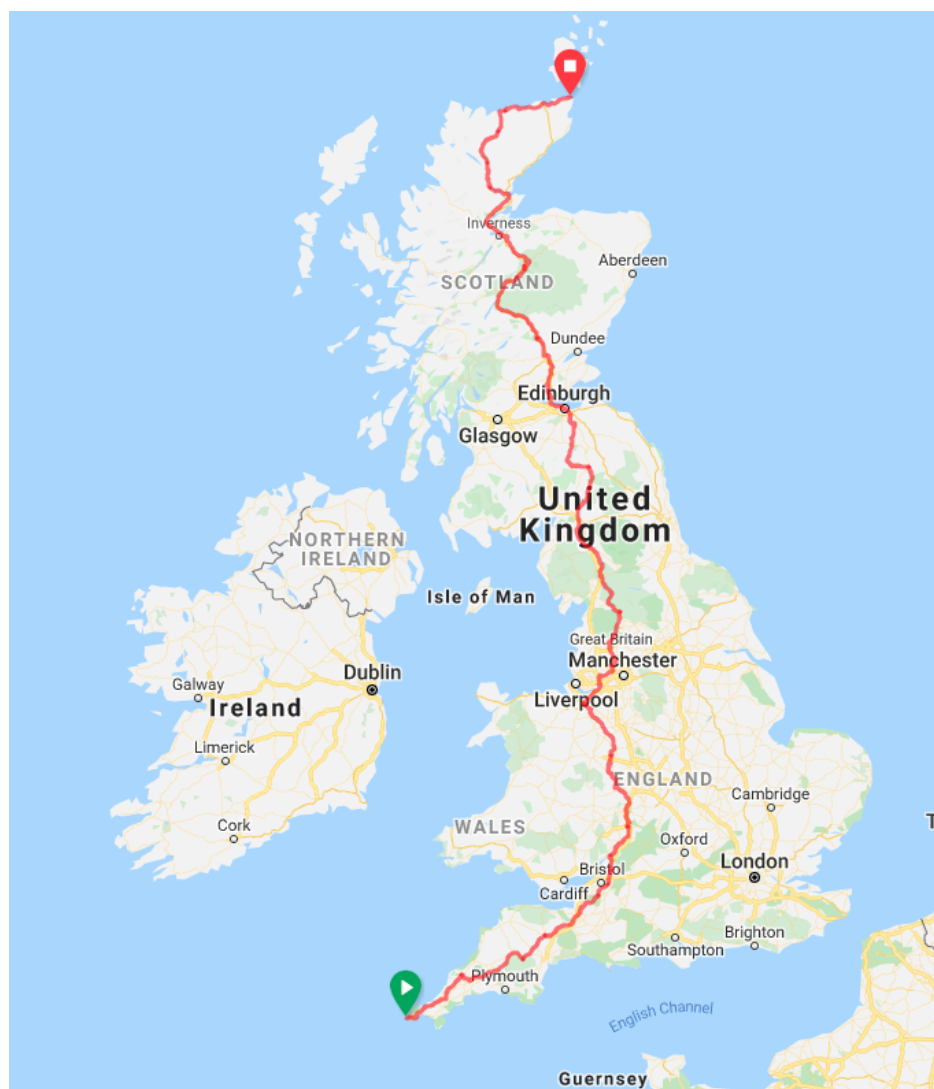
- Hotels based on twin rooms for 18 nights (May 26 June 12) with breakfast. Two dinners - first and last nights.
- All daily van snacks and water top-ups.
- Daily planning, taking into account all weather / route changes which may need to be made. We will have a nightly planning meeting.
- Two vehicles (2 guides), one 9 seater and one 15 seater in order to be able to transport everyone, their bikes and luggage
- All bikes, equipment and spares. eBikes are an option at no additional cost. There is a discount of \$350 if you bring your own bike.



Because of the configuration of the bike racks we cannot accommodate tandems.

What's Not included:

- Dinners, apart from night 1 and night 18. Hotels are near restaurants.
- Lunches, there are plenty of cafes and pubs.
- Side trips to Whisky distilleries / Castles / Attractions in Liverpool, Edinburgh etc
- Train travel down to Cornwall. It's best to travel from London Paddington to Bodmin Parkway
- Train/plane travel from Edinburgh to London
- Transfers from London to Cornwall, should guests want to be transferred by bus to Cornwall, and potentially their bikes

**For more information, contact:**

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