

## HeartCycle Bicycle Touring Club San Diego Country 2021

**Dates:** Meet April 18, 2021  
Ride April 19-26th, depart April 27th after breakfast

**Leaders:** Scott MacCormack & Jim Schroeder; **Sags:** Cindy Alvarez & Kathy Wysocki

**Rating:** Advanced-Expert, ~450 miles with 39,000 feet climbing

**Riders:** 26

**Price:** \$1,650. Deposit \$200. Single Supplement \$2,475.  
final Payment due January 18, 2021

**Cancellation:** Revised [cancellation policy](#) with \$75 fee. Travel insurance recommended.

### Overview:

We will revisit San Diego County in 2021 for an early season ride that HeartCycle did 10 years ago. And like then, we will ride some of the top climbs of Southern California, with a few of the routes changed so that now we will descend some of these hills! We also changed some of the overnights and destinations to include vineyards, the old town of Temecula, and an overnight hotel on the beach at Oceanside on the North end of San Diego. With the routes now optimized and with some great places to stay and visit along the way, we think the April 2021 San Diego Country tour will be even better!

This epic ride in San Diego Country will take us through an amazing and diverse array of terrains and vistas of mountains, deserts and oceanside. You will ride through beautiful countryside and national forests with small charming towns, as well as through the big city shoreline of San Diego. Your awe inspiring experience riding through this amazing and ever changing scenery will help distract you as you get your bike legs in shape for 2021 with this early season ride of over 450 miles and nearly 39,000' of vertical climb! This advanced rider only tour is definitely not one for the inexperienced cyclist.



Or as our Co-leader for this tour, Jimmy Schroder said at the end of our scouting trip for this ride, “Three letters, not words, to describe this tour: WOW!”

We start in Chula Vista, San Diego with the first day's ride east to Alpine CA. From there the tour covers scenic rural areas including the Laguna Mountains, a descent into Borrego Springs for a taste of the desert in bloom, a climb up the Mt. Palomar east grade, the hills of the north county with optional vineyard tours, and a glorious finish riding between the Pacific Ocean and the city and Naval bases of San Diego. Along the way, we will stay two nights each in Julian and Harrah's In Rincon.

## Itinerary:

- **Day 0** Chula Vista, San Diego - orientation meeting. (April 18).
- **Day 1** Chula Vista to Alpine (48 mi, 4,865'). The day's ride takes us from the western edge of San Diego along lake Otay and the San Diego National Wildlife Refuge and through the Cleveland National Forest.
- **Day 2** Alpine to Julian (71mi., 8,375'). Starting through the northern section of Cleveland National Forest to Kitchen Creek road, Mt Laguna, and Engineers loop, finishing in the small mountain town of Julian.
- **Day 3** Julian Loop (77 mi., 6,754'). We descend several thousand feet into Borrego Springs for a view of the desert in spring, and an ice cream, before the ascent back to Julian. Or rest if you wish.
- **Day 4** Julian to Harrah's Rincon (58 mi., 5,184'). We travel the picturesque Mesa Grande Road and up the East Grade route to Mt. Palomar, with an option to continue a short



distance to visit the observatory, before descending to Harrah's Rincon casino for deluxe lodging.

- **Day 5** Harrah's Rincon Enjoy a rest day at the 3 different pools or a local recovery ride
- **Day 6** Harrah's Rincon to Temecula (57 mi. 4,627'). We start the ride in the valley, zig-zagging our way through the Northern hills to the vineyards and wineries east of Temecula. Enjoy dinner in old town Temecula a block from our hotel!
- **Day 7** Temecula to Oceanside (61.5 mi., 4,221'). Our 1,000 foot "descent" down to the Pacific includes over 4,000 feet of climbing along the way as we traverse the Southeast edge of Camp Pendelton. Our reward for all our climbing? At the end of our ride we can soak our tired feet in the Pacific ocean at the Strand beach, a few blocks from the hotel!

- **Day 8** Oceanside to Chula Vista (56 mi, 2,726'). Only two short but steep hills along the ocean route back to our hotel in Chula Vista. Today go easy and enjoy the sights and smells along the coast for the 56 miles, including a ride through Torrey Pines State Park, through La Jolla's coastal parks, a ride up Mt Soledad, with it's epic 360 views of Mission Bay, downtown San Diego and the UC San Diego campus. Because this is a long day with wonderful sights to enjoy, lodging on the last night (April 26) is provided.



**For more information, contact:**  
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